

**APPLIED ARTS DIVISION
NURS 1201
Adult Health Assessment
3 Credits
Winter, 2021**



COURSE OUTLINE

NURS 1201 ADULT HEALTH ASSESSMENT

3 CREDITS

PREPARED BY: Sue Starks, Instructor/Coordinator Practical Nurse Program
DATE: October 30, 2020

APPROVED BY: Name, Title
DATE: Click or tap to enter a date

APPROVED BY SENATE: Click or tap to enter a date
RENEWED BY SENATE: Click or tap to enter a date

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ADULT HEALTH ASSESSMENT

INSTRUCTOR: Carrie Huffman
OFFICE LOCATION:
E-MAIL: chuffman@yukonu.ca
TELEPHONE:

OFFICE HOURS: TBA
CLASSROOM:
TIME: 09-12 Fri & Thurs Mar 18, 25 & Apr 1
DATES: Jan 8 – April 16, 2021

COURSE DESCRIPTION

This course focuses on physical, psychosocial and cultural health assessment. Emphasis falls on differentiating normal from abnormal findings and the significance of the findings. A nursing lab component requires learners to demonstrate competence in physical health assessment.

PREREQUISITES

ENGL100 Academic Writing and Critical Thinking
ELCC 125 Interpersonal Relationships and Communication Skills
ANAT1101 Anatomy and Physiology
NURS1101 Nursing Arts
NURS1202 Nursing Foundation 1
NURS1301 Mathematical Principles of Medication Administration;

RELATED COURSE REQUIREMENTS

It is highly recommended that all students have access to a computer or other device and Internet to do their studies. The minimum specifications for a student device are as follows:

Requirement	Windows-based PC	Apple Mac/macOS-based PC
Operating System	Windows 10	macOS X
Web Browser	Firefox, Edge or Google Chrome	Firefox, Edge or Google Chrome
RAM/Memory	4 GB	4 GB
Storage	5 GB of available space	5 GB of available space

EQUIVALENCY OR TRANSFERABILITY

See Bow Valley College transferability information @ <https://bowvalleycollege.ca/student-resources/academic-services/transfer-credits>.

LEARNING OUTCOMES

Upon successful completion of the course, students will be able to...

- Demonstrate complete and accurate assessments, including vital signs on simulated patients
- Distinguish between normal and abnormal physical and psychosocial assessment findings
- Communicate and document assessment findings using appropriate and accurate terminology
- Discuss how culture and diversity affect individual health assessments

COURSE FORMAT

This course will include a total of 45 hours of on-line learning, in-person lab work and assessments and exams. Self-paced asynchronous (web-based via Moodle) learning activities are provided. Learning activities may include but are not limited to facilitator-led learning, projects, and on-line exercises.

ASSESSMENTS

COURSE LEARNING OUTCOME(S)	ASSESSMENT	WEIGHT
1, 2, 3, 4	Lab Assessment	35%
1, 2, 3, 4	Learning Activities	30%
2, 3, 4	Exam	35%

Important: For details on each assignment and exam, please see your Course Offering Information.

A minimum grade of D is required to pass this course. However, your program may require a higher grade in this course for you to progress in the program or to meet your specific program completion requirements. **An overall minimum final mark for this course must**

be 75%, letter grade B, grade point value of 3.0 to pass this course. Please consult with your program area or contact your program chair for further details.
A minimum Grade Point Average of 2.0 is required for graduation.

GRADE	PERCENTAGE	GRADE POINT	DESCRIPTION
A+	95-100	4.0	Exceptional: superior knowledge of subject matter
A	90-94	4.0	Excellent: outstanding knowledge of subject matter
A-	85-89	3.67	
B+	80-84	3.33	
B	75-79	3.0	Very Good: knowledge of subject matter generally mastered
B-	70-74	2.67	
C+	67-69	2.33	
C	64-66	2.0	Satisfactory/Acceptable: knowledge of subject matter adequately mastered
C-	60-63	1.67	
D+	57-59	1.33	
D	50-56	1.0	Minimal Pass
F	Less than 50	0.0	Fail: an unsatisfactory performance

REQUIRED TEXTBOOKS AND MATERIAL

Jarvis, C., Browne, A.J., MacDonald-Jenkins, J., & Luctkar-Flude, M. (Eds.) (2019). *Physical examination & health assessment* (3rd Canadian edition). Elsevier Canada.

ACADEMIC AND STUDENT CONDUCT

Information on academic standing and student rights and responsibilities can be found in the current Academic Regulations that are posted on the Student Services/ Admissions & Registration web page.

PLAGIARISM

Plagiarism is a serious academic offence. Plagiarism occurs when a student submits work for credit that includes the words, ideas, or data of others, without citing the source from which the material is taken. Plagiarism can be the deliberate use of a whole piece of work, but more frequently it occurs when students fail to acknowledge and document sources from which they have taken material according to an accepted manuscript style (e.g., APA, CSE, MLA, etc.). Students may use sources which are public domain or licensed under Creative Commons; however, academic documentation standards must still be followed. Except with explicit permission of the instructor, resubmitting work which has previously received credit is also considered plagiarism. Students who plagiarize material for assignments will receive a mark of zero (F) on the assignment and may fail the course. Plagiarism may also result in dismissal from a program of study or the University.

YUKON FIRST NATIONS CORE COMPETENCY

Yukon University recognizes that a greater understanding and awareness of Yukon First Nations history, culture and journey towards self-determination will help to build positive relationships among all Yukon citizens. As a result, to graduate from ANY Yukon University program, you will be required to achieve core competency in knowledge of Yukon First Nations. For details, please see www.yukonu.ca/yfnccr.

ACADEMIC ACCOMMODATION

Reasonable accommodations are available for students requiring an academic accommodation to fully participate in this class. These accommodations are available for students with a documented disability, chronic condition or any other grounds specified in section 8.0 of the Yukon University Academic Regulations (available on the Yukon University website). It is the student's responsibility to seek these accommodations. If a student requires an academic accommodation, he/she should contact the Learning Assistance Centre (LAC): lac@yukonu.ca.

TOPIC OUTLINE

Introduction to Adult Health Assessment
The Complete Health History
Mental Health Assessment, Substance Use, and Interpersonal Violence
General Survey, Measurement, and Vital Signs
Pain Assessment
Skin, Hair, and Nails Assessment
Head, Face, Neck, and EENT Assessment
Thorax and Lungs Assessment
Heart, Peripheral Vascular, and Lymphatic System Assessments
Abdomen, Anus, and Rectum Assessments
Musculoskeletal System Assessment
Neurological System Assessment
Genitourinary System Assessment
Complete Health Assessment
